

2023 Fall / 2024 Spring Academy Schedule

MONDAY						
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	Studio 7
PPL 4:00-5:00	Primary C 4:00-5:00					
Level 4/5/PPL Technique 5:00-7:00	Level 3B Technique 5:00-7:00		Level 3A Technique 5:00-7:00			

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TUESDAY						
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	Studio 7
PPL Pilates 4:00-5:00	Primary A 4:00-5:00		Level 1B 4:00-5:00			Level 1A 4:00-5:00
		Creative Movement 1 4:30-5:15				
Level 4/5/PPL Technique 5:00-7:00	Level 3B Technique 5:00-7:00		Level 2 5:00-6:30			
		Creative Movement 2 5:30-6:15				

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WEDNESDAY						
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	Studio 7
PPL 4:00-5:00	Primary B 4:00-5:00					
Level 4/PPL 5:00-7:00	Level 3B 5:00-7:00		Level 3A 5:00-7:00			

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THURSDAY						
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	Studio 7
PPL Tap 4:00-5:00			Level 1B 4:00-5:00			Level 1A 4:00-5:00
Level 4/5/PPL 5:00-7:00	Level 3A 5:00-7:00		Level 2 5:00-6:30			

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		FRIDAY				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	Studio 7
	Boys Club 3:30-4:30					
PPL 4:00-5:00						
Levels 4/5/PPL 5:00-6:30	Level 3 All 5:00-6:30		Level 2 5:00-6:30			